MADISON, Wis. — From attacking the hard-earned Social Security and Medicare benefits our seniors depend on, to spreading an embarrassing slew of conspiracy theories, Ron Johnson once again logged another day hard at work for the people of Wisconsin.

It can be difficult to keep up, so here's the full rundown:

7:40 AM CT: Johnson appeared on WSAU's Wisconsin Morning News and attacked the hard-earned Social Security benefits Wisconsin seniors depend on as a "legal ponzi scheme." Johnson spoke fondly of George W. Bush's plan to privatize Social Security, a plan one analysis found would "mean massive benefit cuts for America's middle class" and create "huge new government deficits to finance the carving up of Social Security to create privatization accounts."

8:10 AM CT: Johnson appeared on WISN's Jay Weber Show , where he again attacked Social Security as a "legal ponzi scheme" and again pushed his dangerous plan to subject Social Security and Medicare to annual approval by Congress as a discretionary spending program, opening the door to cuts in benefits.

12:19 AM CT: Johnson appeared before Matt Gaetz and Jim Jordan to deliver bizarre, conspiracy theory-laden testimony at the first hearing of the GOP's new subcommittee investigating the "weaponization of the federal government." Johnson questioned whether Dr. Fauci helped create the coronavirus, implicated the FBI in multiple conspiracies, and defended the rioters who attacked our Capitol on January 6th. Johnson then left the committee without taking questions.

2:32 PM CT: Johnson appeared on yet another right-wing talk show to promote conspiracy

theories about January 6th, censorship by Big Tech, and COVID vaccinations. Host Vicki McKenna repeated John son's claim that he had been "set up" by the FBI.