

## NOBEL Women Celebrating American Heart Month

Written by Shelia Stubbs Press  
Wednesday, 08 February 2023 18:17 -

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MADISON, WI – February is Black History Month and American Heart Month. Representative Shelia Stubbs (D-Madison) released the following statement:

“As a member of the National Organization of Black Elected Legislative (NOBEL) Women, I join my fellow members in celebrating both Black History Month and American Heart Month this February. It is an honor to be a part of this organization of strong Black women leaders and to have the opportunity to bring awareness to pressing matters affecting the health and well-being of Black women throughout our nation.”



“It is of the utmost importance that we work hard to protect the health and well-being of Black women who are undeniably essential to the fabric of our communities and the culture of our nation. Unfortunately, Black women are disproportionately affected by poor heart health with cardiovascular diseases taking the lives of more than 50,000 Black women each year. Moreover, nearly 59% of Black women ages 20 and older have cardiovascular disease, stroke is a leading cause of death of Black women, fewer than half of Black women are aware of the common signs of heart attack, and while 58% of Black women over the age of 20 have high blood pressure, only 20% of these women have it under control.”

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“In efforts to promote the health of Black women, I have worked hard to address racial disparities across our state which fuel the disparate health outcomes these women experience. As a member of NOBEL Women, I support legislation and policy initiatives across the country that promote access to necessary health care and interventions to prevent and treat common health issues among Black women that are major risk factors for heart diseases and stroke such as high cholesterol, diabetes, high blood pressure, and obesity.”

“On Wednesday, February 8, 2023, we wear red to honor our efforts and spread our message with hashtag #AHeart4NOBELWomen to bring more awareness to the issues regarding Black women’s heart health. Join me in these efforts and show your commitment to improving heart health among our Black women.”